

# The **BIG** BEDROOM WORKOUT

Haven't seen your floor in weeks? It's time to flex your makeover muscle and re-style your room from stress den into a zen-topia.



## WORKOUT ONE: *Wardrobe*

KEEPING YOUR CLOTHES ORGANISED WILL BE A CINCH WITH THESE TIPS FROM PROFESSIONAL ORGANISER ROBYN AMOTT ([BLESSTHISMESS.COM.AU](http://BLESSTHISMESS.COM.AU)).

### CLEAR IT OUT

Grab two boxes: one for clothes you want to throw out and the other for keeps. Then work your way through your wardrobe, from hanging items to shelved ones. Ask: Does it still fit? Do I still love it? Will I wear it again?

### HANG IT UP

You're more likely to remember that you own something if it's hanging up right in front of you. Reserve your shelves and drawers for underwear, socks, tees and sportswear.

### GROUP IT TOGETHER

Section off like items together (e.g. jeans with jeans). If you're feeling inspired, colour-block your clothes like we did, placing whites with whites, etc. This is practical and looks impressive.

### ROLL IT UP

Rather than stacking your tees on top of each other, roll them up and file them in a line behind one another. This way you won't make a big old mess if your fave T-shirt happens to be at the very bottom of the pile. Easy peasy!

